

CAROLINE OLSON

NUTRITION CONSULTANT

MEDIA PORTFOLIO

Writing Samples

- "Can an Apple a Day Keep the Doctor Away?" (Science Article)
- "Opinion: Drinking More Than Two Drinks at a Bar is a Waste of Money" (Consumer Interest Piece)
- "Root Solutions" (Letter of Intent)
- "Student Athlete Cookbook" (Nutrition Reference)

Infographics Samples

- The Good, the Bad, & the Ugly of Drinking Alcohol
- Breakfasts on the Go for Student Athletes

PROGRAM DEVELOPMENT

Cal Athletics

2016 - 2017

Sports Nutrition Intern

- Collaborated with other interns to keep the social media accounts of Cal Athletics interactive
- Evaluated and reformatted recipes based on efficacy and budgetary constraints for a 30-page "Student Athlete Cookbook"
- Structured and wrote a 12-page "Grocery Store Guide," now used as a basic nutrition reference for student athletes

Les Coulisses du Chef


Summer 2016

Culinary Nutrition Intern

- Served as a French-English translator for weekly cooking classes
- Translated, reformatted and standardized 100+ recipes for commercial use
- Identified and marketed to 300+ potential clients around Paris in English and French



CONTACT

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EDUCATION

2018 - 2019

Los Angeles VA Healthcare
Dietetic Internship

2017- 2019

Cal State Long Beach
Masters in Nutritional Science


2013-2017

UC Berkeley
BS in Nutritional Science

SPECIALTY AREAS

Alcohol & Health
Sports Nutrition

SKILLS

Public Speaking 

Media Writing 

Grant Writing 

SPSS 

LANGUAGES

Spanish 

French 

English 